



**Aquatics Facility @ Denny Price Family YMCA of**  
**Enid, Oklahoma, Inc.**  
 February 8th - June 11th

415 West Cherokee Avenue  
 Enid, OK 73701  
 (580) 237-4645

	MON	TUE	WED	THU	FRI	SAT	SUN
<b>6am</b>	Lap / Water Walking 6am - 10am	Closed-Cleaning 6am - 12pm	Lap / Water Walking 6am - 10am	Closed-Cleaning 6am - 12pm	Lap / Water Walking 6am - 10am		
<b>9am</b>			Aqua Cardio 9am - 10am		Aqua Cardio 9am - 10am		
<b>10am</b>	Closed-Cleaning 10am - 12pm		Closed-Cleaning 10am - 12pm		Closed-Cleaning 10am - 12pm		
<b>12pm</b>	Lap / Water Walking 12pm - 2:30pm	Lap / Water Walking 12pm - 2:30pm	Lap / Water Walking 12pm - 2:30pm	Lap / Water Walking 12pm - 2:30pm	Lap / Water Walking 12pm - 2:30pm	Open - Lap - Water Walking 12pm - 3:30pm	
						Zero Entry / Slide Pool Open 12pm - 3:30pm	
<b>1pm</b>							Open - Lap - Water Walking 1pm - 4:30pm
<b>2pm</b>	Swim Team Practice 2:30pm - 6:30pm	Swim Team Practice 2:30pm - 6:30pm	Swim Team Practice 2:30pm - 6:30pm	Swim Team Practice 2:30pm - 6:30pm	Swim Team Practice 2:30pm - 5pm		
<b>4pm</b>	Zero Entry / Slide Pool Open 4pm - 8pm	Zero Entry / Slide Pool Open 4pm - 5:30pm	Zero Entry / Slide Pool Open 4pm - 8pm	Zero Entry / Slide Pool Open 4pm - 5:30pm	Zero Entry / Slide Pool Open 4pm - 8pm		
<b>5pm</b>	Lap / Water Walking 5:30pm - 8pm	Swim Lessons 5:30pm - 8pm	Lap / Water Walking 5:30pm - 8pm	Swim Lessons 5:30pm - 8pm	Lap / Water Walking 5pm - 8pm		
<b>6pm</b>	Aqua Cardio 6pm - 7pm	Lap / Water Walking 6:30pm - 8pm	Aqua Cardio 6pm - 7pm	Lap / Water Walking 6:30pm - 8pm			

Please note that all classes are subject to change due to demand and participation. For your safety, it is recommended you consult your physician prior to starting any exercise program.