



Denny Price Family YMCA of Enid, Oklahoma

415 West Cherokee Avenue Enid, OK 73701
(580)237-4645

LAP & EXERCISE POOL SCHEDULE Winter-Spring Effective February 5, 2023-May 28, 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Pool Closed	6:00-10am. LAP / WATER WALKING *9-10 AM, ONLY 2 LANES	Pool Closed-Cleaning	6:00-10am. LAP / WATER WALKING *9-10 AM, ONLY 2 LANES	Pool Closed-Cleaning	6:00-10am. LAP / WATER WALKING *9-10 AM, ONLY 2 LANES	Pool Closed
	9:00-10:00am AQUA-CARDIO		9:00-10:00am AQUA-CARDIO		9:00-10:00am AQUA-CARDIO	
	10am-12pm Pool Closed-Cleaning		10am-12pm Pool Closed-Cleaning		10am-12pm Pool Closed-Cleaning	
1:00PM-4:30PM Open Lap / Water Walking	12pm-2:45pm Lap / Water Walking	12pm-2:45pm Lap / Water Walking	12pm-2:45pm Lap / Water Walking	12pm-2:45pm Lap / Water Walking	12pm-2:45pm Lap / Water Walking	12:00PM-3:30PM Open Lap / Water Walking
2:45-5:30PM- Closed - Swim Team					2:45-5PM Closed Swim Team	
Pool Closed	6-7pm Aqua Cardio	5:30-6:30pm Closed SWIM LESSONS	6-7pm Aqua Cardio	5:30-6:30pm Closed SWIM LESSONS	5-8pm Lap / Water Walking	Pool Closed
	6:30-8pm Lap / Water Walking *Only 3 lanes 6:30-7pm	6:30-8pm Lap / Water Walking *only 2 lanes	6:30-8pm Lap / Water Walking *Only 3 lanes 6:30-7pm	6:30-8pm Lap / Water Walking *only 2 lanes		

Please Note that all classes are subject to change due to demand and participation. For your safety, it is recommended you consult your physician prior to starting any exercise program.

CLOSED
EXERCISE CLASS
OPEN SWIM



Denny Price Family YMCA ZERO ENTRY/SLIDE POOL & SPA SCHEDULE Winter-Spring Effective February 5, 2023-May 28, 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Closed	Spa 6am-10am	Closed	Spa 6am-10am	Closed	Spa 6am-10am	Closed
Zero Entry & Slide Pool 1:00-4:30PM OPEN	Closed		Closed		Closed	Zero Entry & Slide Pool 12-3:30PM OPEN
Spa 1:00-4:30PM	Spa 12pm-4pm	Spa 12pm-4pm	Spa 12pm-4pm	Spa 12pm-4pm	Spa 12pm-4pm	Zero Entry & Slide Pool 4:00-8:00PM
Spa 1:00-4:30PM	Zero Entry & Slide Pool 4:00-8:00PM	Zero Entry & Slide Pool 4:00-5:30PM	Zero Entry & Slide Pool 4:00-8:00PM	Zero Entry & Slide Pool 4:00-5:30PM	Zero Entry & Slide Pool 4:00-8:00PM	Spa 12:00-3:30PM
Closed	Spa 4PM-8PM	Spa 4PM-8PM	Spa 4PM-8PM	Spa 4PM-8PM	Spa 4PM-8PM	Closed

Closed
Zero Entry & Slide Pool
Spa