

SPIRITUAL TRAINING

“Train yourself for godliness; for while bodily training is of some value, godliness is of value in every way, as it holds promise for the present life and also for the life to come.” – 1 Timothy 4:8

WHO IS JESUS?

That’s the most important question you’ll ever consider. Maybe, you don’t know much about Jesus at all or maybe you already know quite a bit about him. Either way, we hope during the next 8 weeks through the Gospel of Mark you will be blown away by who Jesus is, why he came, and what that means for you.

If you have questions about your relationship with God, have need of prayer, or would like to visit with our Chaplain about how to grow in Christ, please contact us at junruh@enidymca.org

WEEK 1

Start with prayer (*see prayer guide*) and then Read **Mark 1:1-15**

- What about Jesus shines out in the passage and is worthy of attention?
- What do you find encouraging, challenging, or confusing about this passage?
- According to the passage what is Jesus’ message? What has He come to do?

WEEK 2

Start with prayer (*see prayer guide*) and then Read **Mark 2:1-12**

- What do you think is the most surprising thing Jesus does in this encounter?
- How does Jesus demonstrate his claim to be able to forgive sins?
- What difference do you think Jesus’ authority should have in your own life?

WEEK 3

Start with prayer (*see prayer guide*) and then Read **Mark 3:7-35**

- How do people react to Jesus today? How do they react to Him in this passage?
- According to the passage, how do you become a part of Jesus’ family?

WEEK 4

Start with prayer (*see prayer guide*) and then Read **Mark 8:22-38**

- How would you describe the healing of the blind man?
- How good is a partial understanding of Jesus?
- According to Jesus, why does a follower of Christ have to “deny himself” and lose his life”?

WEEK 5

Start with prayer (*see prayer guide*) and then Read **Mark 10:17-45**

- Looking at vv. 17-22, what would Jesus say is the basic character of people in the world? Based upon this passage, do you think you can earn your salvation by being a good person?
- In vv. 32-34, Jesus says he is going to die. According to v.45 what is the purpose of his death? Read Isaiah 53:5;10-12. How do these verses help to understand what a ransom is?
- What would Jesus tell you to do if you desired to enter a relationship with God?

WEEK 6

Start with prayer (*see prayer guide*) and then Read **Mark 14:53-15:15**

- What evidence is Mark presenting in his attempt to prove that Jesus is the Christ, the Son of God? How does Isaiah 53:7-9 help this passage identify Jesus?
- What do you find encouraging, challenging, or confusing about this passage?
- How does this passage affect your view of Jesus?

WEEK 7

Start with prayer (*see prayer guide*) and then Read **Mark 15:16-39**

- What is Mark trying to say about the events at the cross?
- Read Psalm 22. How does this help you understand the words of Jesus from the cross in verse 34?
- Are the events at the cross necessary? If so, why? What does this teach us about what it means follow Jesus?

WEEK 8

Start with prayer (*see prayer guide*) and then Read **Mark 15:42-16:8**

- Of what fact does Mark want his readers to be sure in vv. 42-47?
- What does Mark say happened to Jesus' body? Why is it significant that Jesus rose from the dead?
- Are you trusting in Jesus?

Questions adapted/modified from "One-to-One Bible Reading" by David Helm.

EXTRA RESOURCES

Prayer Guide

- I – “Incline my heart to your testimonies, and not to selfish gain” (Ps. 119:36)
- O – “Open my eyes, that I may behold wondrous things out of your law (Ps. 119:18)
- U – “Unite my heart to fear your name” (Ps. 86:11)
- S – “Satisfy us in the morning with your steadfast love” (Ps. 90:14)

BOOKS TO HELP YOU STUDY THE BIBLE

- God’s Big Picture, Vaughan Roberts
- What is Biblical Theology?, Jim Hamilton
- One-to-One Bible Reading David Helm
- Biblical Theology, Nick Roark & Robert Cline